



International dance competition
“Tukums Cup” 2026
RULES AND GUIDLINES

Year 2026
Tukums, Latvia.

ABOUT THE COMPETITION

COMPETITION SLOGAN:

May peace, friendship and the love of dance unite us!

GOALS:

- To promote the growth of dance and popularize dance;
- To give everyone the opportunity to participate in the competition;
- To evaluate each dancer and all teams;
- To promote opportunities for friendship between dancers and leaders.
- To provide motivation and a platform for dance;

ORGANISATORS:

Biedrība „Dejas izaugsme”;

Tukums culture house;

Tukuma dance school “Demo”;

PARTICIPANTS:

Groups, clubs and independent solos and duets of various contemporary dance genres from educational institutions, schools, cultural institutions and independent dance studios.

VENUE:

Tukuma pilsētas Kultūras nams, Lielā iela 1, Tukums, LV – 3101, Latvija:

- Stage dimensions: 1.5 m (height), 10 m (width), 12 m (depth)
- There are 4 sets on each side of the stage and a corresponding dance floor
- Entrance from both sides

“Tukums Breaking cup” and masterclasses – Tukuma sporta halle, Pauzera iela 7, Tukums, LV – 3101, Latvija

REGISTRATION:

02.02.2026. - 06.03.2026.

OR

Upon reaching a certain number of participants.

SCHEDULE

FRIDAY Tukuma pilsētas Kultūras nams	SATURDAY Tukuma pilsētas Kultūras nams Tukuma sporta halle	SUNDAY Tukuma pilsētas Kultūras nams
SOLO DUO TRIO CHILDREN 1 & 2 JUNIOR 1 & 2 ADULT modern dance jazz dance show dance classical dance	A GROUP <i>/groups and formations/</i> CHILDREN 1 & 2 JUNIOR 1 & 2 ADULT MIX AGE modern dance jazz dance show dance classical dance	HIP-HOP IDO SOLO DUO <i>*to the organizers' music</i>
SOLO IMPROVISATION <i>Technical break</i> B GROUP CHILDREN 1 & 2 JUNIOR 1 & 2 A GROUP CHILDREN 1 & 2 JUNIOR 1 & 2 ADULT COACH COMPETITION	TUKUMS BREAKING CUP <i>(Tukuma sporta halle)</i> B-BOYS: U7 U11 U15 ADULT B-GIRLS: U11 U15 ADULT CREW VS CREW 40+	STREET SHOW <i>groups and formations</i> MINI KIDS CHILDREN 1 & 2 JUNIOR 1 & 2 ADULT
B GROUP <i>beginners,</i> <i>no style division</i> MINI KIDS 1 & 2 CHILDREN 1 & 2 JUNIOR 1 & 2 ADULT GOLD	MASTERCLASSES	HIP-HOP BATTLES

PARTICIPANTS' DIVISION INTO GROUPS

PARTICIPANTS' BREAKDOWN:

- **B GROUP | BEGINNER** – beginners, dance experience up to 2 years
- **A GROUP | OPEN** - dancing for 2 years or more

AGE GROUPS: If the number of participants is not sufficient, nominations may be combined.	
MINI KIDS 1	<i>Born 2021 and younger (3 -5 years)</i>
MINI KIDS 2	<i>Born in 2019 - 2020 (6 -7 years)</i>
CHILDREN 1	<i>Born in 2016 - 2018 (8 -10 years)</i>
CHILDREN 2	<i>Born in 2014 - 2015 (11 -12 years)</i>
JUNIOR 1	<i>Born in 2013 (13 years old)</i>
JUNIOR 2	<i>Born in 2011 - 2012 (14-15 years)</i>
ADULTS	<i>Born in 2010 and older (16 years +)</i>
ADULTS GOLD	21+
MIX AGE	<i>Mixed age</i>
HIP-HOP BATTLES - https://forms.gle/GznBbnBYrzRtLP1MA	
BREAK DANCE BATTLES - <i>Registration for the 1st stage of the Latvian Breakdance Championship – www.lsdf.lv</i>	

CATEGORY:	NUMBER OF PARTICIPANTS:	TIME LIMIT:
SOLO	1	1,30 – 2,15 min.
SOLO improvisation	1	Children 1 & 2: (preselection – 0:30 seconds. ¼ final, ½ final and final 0:45 seconds) Junior 1 & 2 (1:00) Adult (1:00)
DUO	2	1,30 – 2,15 min.
TRIO	3	1,30 – 2,15 min.
GROUP	4 - 8	2 – 3 min.
FORMATION	9 - 24	2 – 4 min.

- *Please check the length of the music recordings; if the music exceeds the time limit, the organizers may request a shorter recording or not accept the audio file.*
- *The audio file must be in MP3 format.*
- *One group may perform one dance composition in one nomination.*
- *Send music recordings to e-mail tukumscupmusic@gmail.com UNTIL 21.03.2025*

RULES

DANCE STYLES				
SHOW DANCE <i>Combines several dance techniques, props can be used, based on classical, jazz and modern dance, with a story, idea and content</i>	POP DANCE OR FREE DANCE <i>any chosen dance style without a specific story, plot, props may be used</i>	MODERN DANCE <i>based on classical dance, with a story, idea and content, dance technique, originality and musicality are important</i>	JAZZ DANCE <i>expressive dance style combined with appropriate musical material, using movements characteristic of jazz</i>	IMPROVISATION <i>dancers dance to music prepared by the organizers. Dance, feelings and a personal message through movement</i>
!!! IN IMPROVISATION, THE DANCERS ARE IN BLACK CLOTHES !!!				

COMPETITION PROCEDURE

AWARDING:

- The three best dance groups in their age group receive the main trophy with the place they won, each participant a medal
- The participants of the competition receive incentive prizes and medals for participation.
(For this reason, please indicate the exact number of participants in the application)
- On each day of the competition, a GRAND PRIX award is presented and cash prizes are also possible.
- The competition may also award sponsor prizes in certain nominations.

EVALUATION

(After the competition, the leaders will receive the jury's overall ranking table)

CRITERIA (evaluated on a 10-point scale, adding all 4 marks together):

- **Dance movement performance technique:** *precision, synchronicity, sense of style, sense of rhythm, variety and complexity of techniques, strength, performance, expression, positions*
- **Composition:** *change of drawings, plot image, overall choreography, modernity, surprise effect, originality, accurate representation of the idea, movement effect, use of space, musicality, laconicism*
- **Image:** *costume (age appropriateness), age appropriateness of movements, makeup, stage culture - appearance, bowing, contact with the audience, courage, expressiveness, group feeling, emotionality*
- **Showmanship:** *emotional, visual and external evaluation of the performance*

PARTICIPATION FEE

FOR PARTICIPANTS:

NOMINATION	BEFORE REGISTERING	AFTER THE REGISTRATION DEADLINE
GROUPS, FORMATIONS <i>(Starting fee per dancer)</i>	20 € (1 nomination)	25 € (1 nomination)
	For each next start + 5 €	For each next start + 5 €
SOLO (per dance)	20 €	25 €
DUO (participation fee for both dancers together per dance)	30 €	40 €
TRIO (participation fee for all dancers together per dance)	45 €	50 €
IMPROVISATION	15 €	20 €
IDO SOLO/DUO	20 €	25 €
HIP – HOP BATTLES	20 € (1 nomination)	
BREAK DANCE BATTLES	25 € (1 nomination)	
BATTLES + STREET SHOW	30 €	
UNLIMITED PARTICIPATION IN THE COMPETITION	50 € (Solo, duo, improvisation, any group starts, all three days)	
UNLIMITED PARTICIPATION IN STREET DANCE NOMINATIONS	40 € (Solo, duo, improvisation, any group starts and battles)	
MASTERCLASSES	10 € (For each) <i>(If the participant has unlimited participation in the competition – the master classes are free of charge)</i>	

PAY ATTENTION! :

- !! *If the judges believe that the participants in B Group meet the level of the participants in A Group, then the judges have the right not to evaluate this group and automatically award it last place.*
- !! *If a group's performance does not correspond to the nomination applied for, the judges has the right not to evaluate this group and automatically award it last place or give it the opportunity to compete in the appropriate nomination.*
- !! *When submitting any group for a nomination, **after making corrections, it is not possible to change the nomination in which it competes.***
- !! ***If there are not 3 starting numbers in a nomination, the nominations can be combined accordingly.***
- !! *If a choreography has already won awards in one of the "Tukums Cup" competitions at a given age, it cannot compete again in the given age category and genre.*
- !! ***There may be a delay of -/+1h in the timetable.***
- !! *In the improvisation, the dancers are in black outfits.*
- !! ***Please check the length of the music recordings before sending them. If the music exceeds the time limit, the organizers may request a shorter recording or not accept the audio file.***
- !! ***If the music length rules specified in the regulations are not followed, the music will be cut off on the day of the competition.***
- !! *The audio file must be in MP3 format.*
- !! *One group may perform one dance composition in one nomination.*
- !! *Send music recordings to e-mail **tukumscupmusic@gmail.com UNTIL 15.03.2026.***
- !! *The application will only be accepted if **all** required information is filled in accurately and correctly. (Including the total amount of the participation fee and the length of the music).*
- !! *The organizers must be **informed immediately about the non-arrival of registered participants at the event. If notification is not made by the day of the competition, full payment must be made for any changes for each registered participant.***
- !! *When you arrive at the tuner, make sure the recording is working. **No music may be submitted on the day of the competition!***

All current information:

<https://www.tukumscup.com/>

<https://www.instagram.com/tukumscup?igsh=MTdobmUwc3p3Nms4bQ>

<https://www.facebook.com/tukumscup/>

Spectator admission 5. EUR each day of the event

Specter admission for all three days 12 EUR (all spectator tickets are entered into a prize draw, with the possibility of winning prizes.)

CONTACTS

- E-mail: tukumakauss@gmail.com
- Music: tukumscupmusic@gmail.com

- Organizer of the event - **Liene Bēniņa, mob. + 371 20254617**
(LV; RU; ENG)

- Responsible for registration and payments
Lelde Plēsuma, mob. + 371 26840639 (LV; RU; ENG)

- Responsible for Break dance battles **Zigmārs Lācis, mob. + 371 29336243** (LV; RU; ENG)

- Responsible for audio files **Evelīna Bēniņa, mob. +371 27441578**
(LV; ENG)

- Group catering – “Kafe Terasē” +37125666996